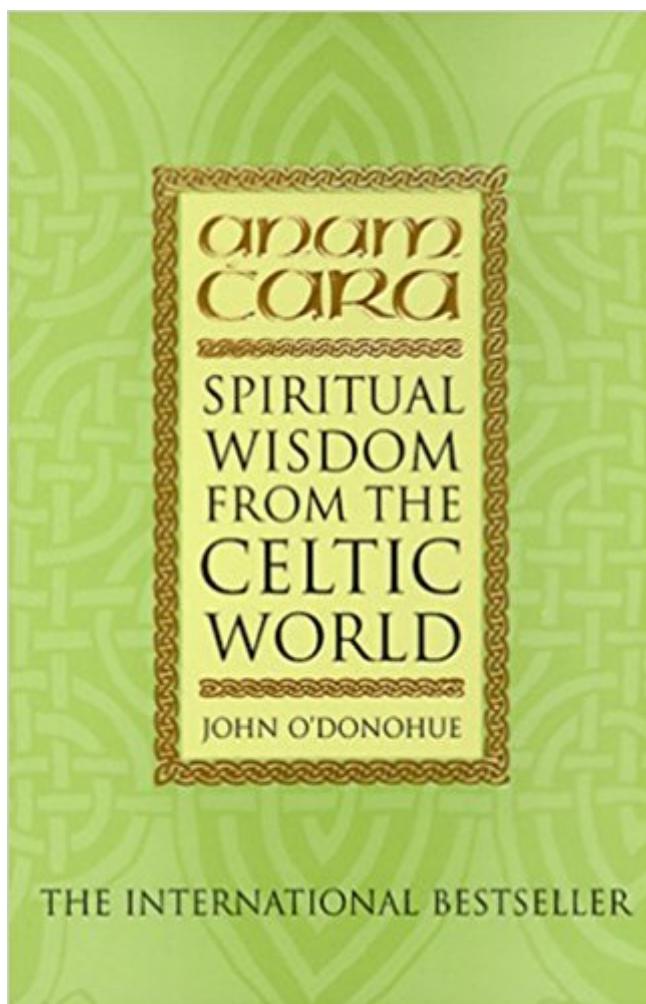


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Anam Cara: Spiritual Wisdom From The Celtic World



Synopsis

When St Patrick came to Ireland in the 5th century AD, he encountered the Celtic people and a flourishing spiritual tradition that had already existed for thousands of years. He also discovered that where the Christians worshipped one God, the Celts had many and found divinity all around them: in the rivers, hills, sea and sky. The ancient Celtic reverence for the spirit in all things survives today - a vibrant legacy of mystical wisdom that is unique in the Western world. Now, in this exquisite book, Irish poet and scholar John O'Donohue shares with us the secrets of this ancient world. Using authentic Irish prayers and blessings, he reveals the treasures that lie hidden within your own soul and the 'secret divinity' in your relationships. As he traces the cycles of life and nature, he draws from the holy waters of Ireland's spiritual heritage to lead you to a place where your heart can be healed and nourished. It is a place where you will discover your own anam cara, your true 'soul friend'.

Book Information

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Customer Reviews

"A rare synthesis of philosophy, poetry and spirituality... a powerful and life-transforming experience for those who read it" -- Deepak Chopra, author of The Seven Spiritual Laws of Success "John O'Donohue is a man of the soul. His scholarly meditation on the continuing relevance of Ireland's spiritual heritage has become a publishing phenomenon... This poetic meditation has become a bestseller on both sides of the Atlantic... A lyrical prayer" The Times "Words of wisdom... a heady mixture of myth, poetry, philosophy... profound and moving" Independent "This book is a phenomenon in itself... a book to read and reread forever, its style of varied narration responds to

our times" Irish Times

John O'Donohue was awarded a Ph.D. in philosophical theology from the University of Tübingen in 1990. He is the author of several works, including a collection of poems, Echoes of Memory, a book on the philosophy of Hegel, Person als Vermittlung, Conamara Blues, and the international bestsellers, Anam Cara, Eternal Echoes and Divine Beauty. His latest work, Benedictus: A Book of Blessings will be published in 2007. John travels widely in Europe and the US, where he lectures and holds workshops. He lives in Ireland.

Loved the book and it is even better to hear the late John O'Donahue read it. Was doing long, dark commutes on a bus/ferry as Fall was ending and moving into Winter in the Pacific Northwest. Had been through some painful to the extreme loss and other subject matter in reading/listening wouldn't have done what this work has for my spirit!

John O'Donohue has given us a gift of wisdom and soul understanding. His voice is my touchstone. I have been reading his writings and listening to his lyrical words for many years now. Anam Cara has made a wonderful gift for friends and family. The response has always been a big thank you and a remark of wish I had this sooner. Do yourself a great favor and add John O'Donohue's Anam Cara to your library.

What an amazing, transforming book...an easy read with profound thoughts.

I am listening to the entire set of cd's for the second time in a two month period. I have read some of his work before; but listening to him is another whole experience. The depth of his "soul" wisdom has been profound for me. He is known best for his poetry, but it is his understanding of Celtic wisdom and his drawing from other sources that moves me most. Hearing him is so different than reading his work.

Exactly as described

Everyone should become acquainted with the works of John O'Donohue. He is the most simple but gentle teacher and intriguing story teller and like a Life Coach of sorts. I have listened to most of his works several times. He is one of my favorite poets/authors. I usually like to listen to the CD's

several times in a row and then every few months to refresh my memory. A person could never get bored or tired of hearing his timeless message. Joy

Listening to John O'Donohue is sheer pleasure. He would sound wonderful reading the phone directory aloud; so actually relating the insides of his written book, *Anam Cara*, verbally is a beautiful experience. I was especially delighted that I was able to purchase the cd's at a reduced price. I have listened to this series several times and they become more and more imbedded in my mind each time I listen. There are pieces of poetry throughout and snippets of Celtic music. Delightful. And a fun surprise was the small flyer inside from the company that produced it: Sound True. Great website!

Brilliant.

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